



**Strategies for Ensuring Healthy Living and Aging in NYC  
Congregation Habonim  
April 4, 2019**

<b>Speaker</b>	<b>Topic</b>	<b>Time</b>
Elaine Rockoff	Introduction to Services for Older Adults in NYC	6:30 - 6:50
	Overview of JASA services	
Meredith Levine	Benefits and Entitlements	6:50 – 7:05
Joanne Ruanne	Healthy Aging	7:05 – 7:25
Michael Lissner	Elder Law topics	7:25- 7:50
Elaine Rockoff	Q and A	7:50 – 8:00



## BIOS

### **Meredith Levine LMSW**

Meredith Levine started her career writing grants for a grassroots hunger-fighting agency in rural Florida, and has since helped stabilize at-risk families in the South Bronx, trained community members to help their neighbors access social services, empowered parents to advocate for their special needs children, and taught the siblings of special needs children coping skills so they could embrace their unique family dynamic. She is currently the Director of Community Information and Referral at JASA. Ms. Levine holds a bachelor's degree in Journalism and Mass Communication from the University of North Carolina at Chapel Hill and a master's degree from Columbia University School of Social Work.

### **Michael Lissner Esq. Partner**

Michael received his J.D. from Brooklyn Law School in 1982. He is admitted and qualified as an Attorney and Counselor of the Supreme Court of the United States; is further licensed as an Attorney and Counselor at Law in the States of New York (Appellate Division, 2nd Department) and Florida. He is a member of the National Academy of Elder Law Attorneys, a Chairman of the Blue Card, Inc. (<http://www.bluecardfund.org/>), and a Vice President of the New York Foundation of Eldercare (<http://www.nyfe.org/>).

For many years, Mr. Lissner has been a faculty member at the Jewish Association for Services for the Aged (JASA) in New York City. Michael has lectured extensively about Elder Law, Estate Planning and planning for Survivors of the Holocaust and their families.

### **Elaine Rockoff LCSW**

Elaine Rockoff, LCSW, earned her BA from the City College of New York, and her MSW from the Wurzweiler School of Social Work at Yeshiva University. In 1993 she began working at JASA as the Project Director of the Long Beach Senior Center. Since then, Ms. Rockoff has held several positions within JASA. In 2010, she was appointed the Director of Community Based Programs, where she has implemented programs that promote healthy aging. Presently, Ms. Rockoff provides oversight of JASA's social services programs, including Senior Centers, Naturally Occurring Retirement Communities (NORC) programs, Case Management programs, Elder Abuse programs, Caregiver Services, Home Delivered Meals, and Sundays at JASA.

### **Joanna Ruane RN**

Joanna Ruane, RN, MPH is a Community Health Nurse with Northwell Health. She works collaboratively with JASA on a unique grant-funded program that assists at-risk, vulnerable adults aged 60 and older to safely age-in place. She has previously worked as a Public Health Nurse with the Elliott-Chelsea Naturally Occuring Retirement Community (NORC) and as a staff nurse at Long Island College Hospital. She earned a Bachelors of Arts from Fordham University, Bachelors of Science in Nursing from Stonybrook University and a Masters in Public Health from SUNY Downstate Medical Center.